

NEW

Therapeutic Touch[®] Practitioner

CERTIFICATE PROGRAM



Therapeutic Touch[®] is a holistic, evidence-based therapy that incorporates the intentional and compassionate use of universal energy to promote balance and well-being.

Langara's Therapeutic Touch[®] Practitioner Certificate is the first comprehensive program of its kind in B.C. This program delivers all the requirements needed to become a Certified Therapeutic Touch[®] Practitioner in B.C., and an internationally accredited Qualified Therapeutic Touch[®] Practitioner. Receive extensive knowledge of the use of Therapeutic Touch[®] in various settings, a comprehensive knowledge of anatomy and physiology, self-care, and self-compassion skills for success, and an extensive mentorship program including clinical practice. Students are offered a choice of direction for further study focusing on continued self-care or business ownership skills, giving the student a solid base as a Therapeutic Touch[®] Practitioner and the skills to own and/or operate a Therapeutic Touch[®] business if they so desire.

Courses may be taken individually as long as prerequisites are met. The Langara Therapeutic Touch[®] Practitioner Certificate requires successful completion of six core courses and one elective.

LEAD INSTRUCTOR: Cheryl Larden , R.N., B.S.N., T.T.R.T.

Cheryl is a Registered Nurse and a Recognized Therapeutic Touch Practitioner and Teacher who has been practicing Therapeutic Touch for 27 years. Taught by the founders of Therapeutic Touch(R), Cheryl is a founding member of the BC Therapeutic Touch Network and currently holds the position of President. She has a private practice in Therapeutic Touch, does research, teaches, and facilitates a practice group in Tsawwassen and Langley.

Required Core Courses - 2015

Courses may be taken in any order as long as prerequisites have been met

Note: dates and times are subject to change; additional dates may be available in subsequent terms

<u>Basic Anatomy & Physiology for Bodyworkers</u>	Fee: \$472
(50738) 14 Tuesday evening Jan 6 – Apr 14	1830-2130
<u>Therapeutic Touch® : Level 1</u>	Fee: \$160
(50734) 1 wknd-Sa/Su Jan 31 and Feb 1	1000-1700
<u>Therapeutic Touch® : Level 2</u>	Fee: \$160
(50735) 1 wknd-Sa/Su Feb 28 and Mar 1	1000-1700
<u>Therapeutic Touch® : Mentorship</u>	Fee: \$1499
(50998) 11 Saturdays - one/month 2015: Mar 7, Apr 11, May 9, Jun 6, Jul 4, Sept 12, Oct 3, Nov 7, Dec 5, 2016: Jan 9 and Feb 6	1100-1500
<u>The Art of Self-Compassion</u>	Fee: \$129
(CRN tba) 1 Saturday May 23 or Aug 22	1000-1400
<u>Therapeutic Touch® : Level 3</u>	Fee: \$160
(CRN tba) 4 Thursdays Sept 17 – Oct 8	1830-2130

Electives - January to April 2015

Note: additional dates may be available in subsequent term.

One elective required for certificate completion requirements

OPTION 1: CONTINUED SELF-CARE

<u>Mindfulness Based Stress Reduction</u>	Fee: \$315
(50740) 8 Tuesday evenings 1 Saturday	Jan 27-Mar 17 Feb 21
	1800-2000, plus 0900-1700

OPTION 2: BUSINESS OWNERSHIP SKILLS

<u>How To Start Your Own Business</u>	Fee: \$412
(50360) 12 Saturday mornings	Jan 17-Apr 18
	0900-1200
<u>Sales and Marketing for Managers and Small Business</u>	Fee: \$412
(50362) 11 Tuesday evenings	Jan 22-Apr 9
	1830-2130
<u>Operating Your Small Business</u>	Fee: \$412
(50361) 12 Wednesday evenings	Jan 28-Apr 15
	1830-2130

Learn more.

holistichealth@langara.bc.ca
604.323.5926

To register
604.323.5322